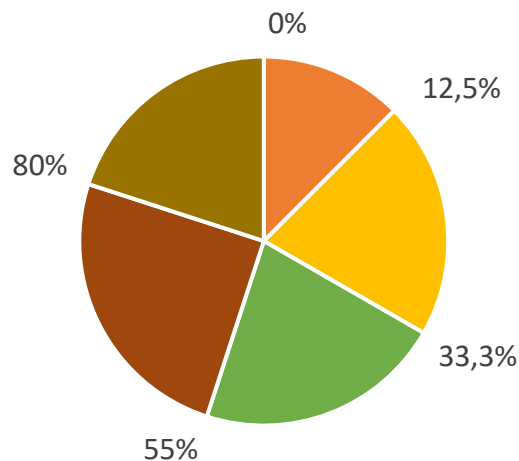


## Quiz: Food waste - what do you think?

### 1) Almost 4 billion tons of food are produced worldwide every year.

How much of this ends up in the garbage can instead of on the plate and is therefore wasted (for example, because the food spoils on its way to the consumer or is thrown away even though it would still be edible)?

Mark the proportion:



### 2) Ideas on how to put hard rolls to good use!

Imagine you've gone away for the weekend. When you come back, the bread rolls are hard. But you don't want to throw them away! What could you do?

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### 3) Is that still edible?

You look in the fridge and realize that the best-before date on your milk has also expired. Can you still use it for your milk?

- ☐ Yes, food does not go bad at the low temperatures in the fridge.
- ☐ No, if the best-before date has expired, food cannot be consumed without health risks.
- ☐ Yes, as long as it has been stored in the fridge throughout and does not look, smell or taste any different than usual.

#### 4) Estimation question!

Which foods end up in the trash most often in private households?

1. \_\_\_\_\_  
\_\_\_\_\_
2. \_\_\_\_\_  
\_\_\_\_\_
3. \_\_\_\_\_  
\_\_\_\_\_

fruit & vegetables  
finished products  
bread & baked goods  
dairy products  
prepared food  
meat & fish  
other products

And what about you? Have you ever paid attention to this?

#### 5) Can you remember the last time you threw away food? What was the reason for this?

- ☐ Best before date expired
- ☐ Forgot that it was still there
- ☐ Had gone bad
- ☐ Was leftover
- ☐ Pack/ jar/ can was too big
- ☐ Bought too much
- ☐ Other reason: \_\_\_\_\_

Be honest: Could the food have been saved? How?

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#### 6) Estimation question!

How many kilograms of food get thrown away by a citizen of the European union per year?

☐ 30 kg?

☐ 72 kg?

☐ 132 kg?

**Solution for the quiz:**

- 1) About a third of total production, or 1.3 billion tons.
- 2) Breadcrumbs/breadcrumbs, croutons, poor knights, bread dumplings, bread soup, souvenirs for the riding stables, bruschetta, English bread pudding, Tuscan bread salad, etc.
- 3) The third statement is correct
- 4) 34% fruit and vegetables, 16% prepared food, 14% bread & baked goods, 11% drinks, 9% dairy products, 7% ready meals, 5% other, 4% meat & fish
- 6) According to the latest Eurostat estimates, there is approximately 132 kg of food waste per EU citizen per year (2022 figure).